**SHIMMER 3**

Basic pedometer



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Version 1.0

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# Introduction

Shimmer is a small sensor platform well suited for wearable applications. The integrated kinematic sensors, large storage and low-power standards based communication capabilities enable emerging applications in motion capture, long-term data acquisition and real-time monitoring. Shimmer offers the possibility for custom firmware integration so that the device can be tailored to fit many different applications. Shimmer3\_Pedometer is an example of customized firmware.

A pedometer is a device which is able to count each step a person takes by detecting the motion of the body. It can be a motivation for people wanting to increase their physical activity but is also widely used in rehabilitation scenarios. Many commercial available pedometers undercount steps especially at slower speeds which often are the case when doing rehabilitation.

In order to read the steps taken the C# console application should be running on a PC. When this firmware is loaded onto a Shimmer device and the Shimmer is placed in the dock (connected to power, i.e. a computer), the Shimmer will automatically connect to the computer, transmit the number of steps taken and close the connection again.

Section 2 and 0 describes the architecture and design of the firmware so an overview can be obtained quickly. Section 4 is about how to test the firmware along with expected outputs.

# Firmware architecture

The software architecture of the pedometer firmware is a combination of layered and module based and is illustrated in Figure 2.1. Each element is explained in the following.

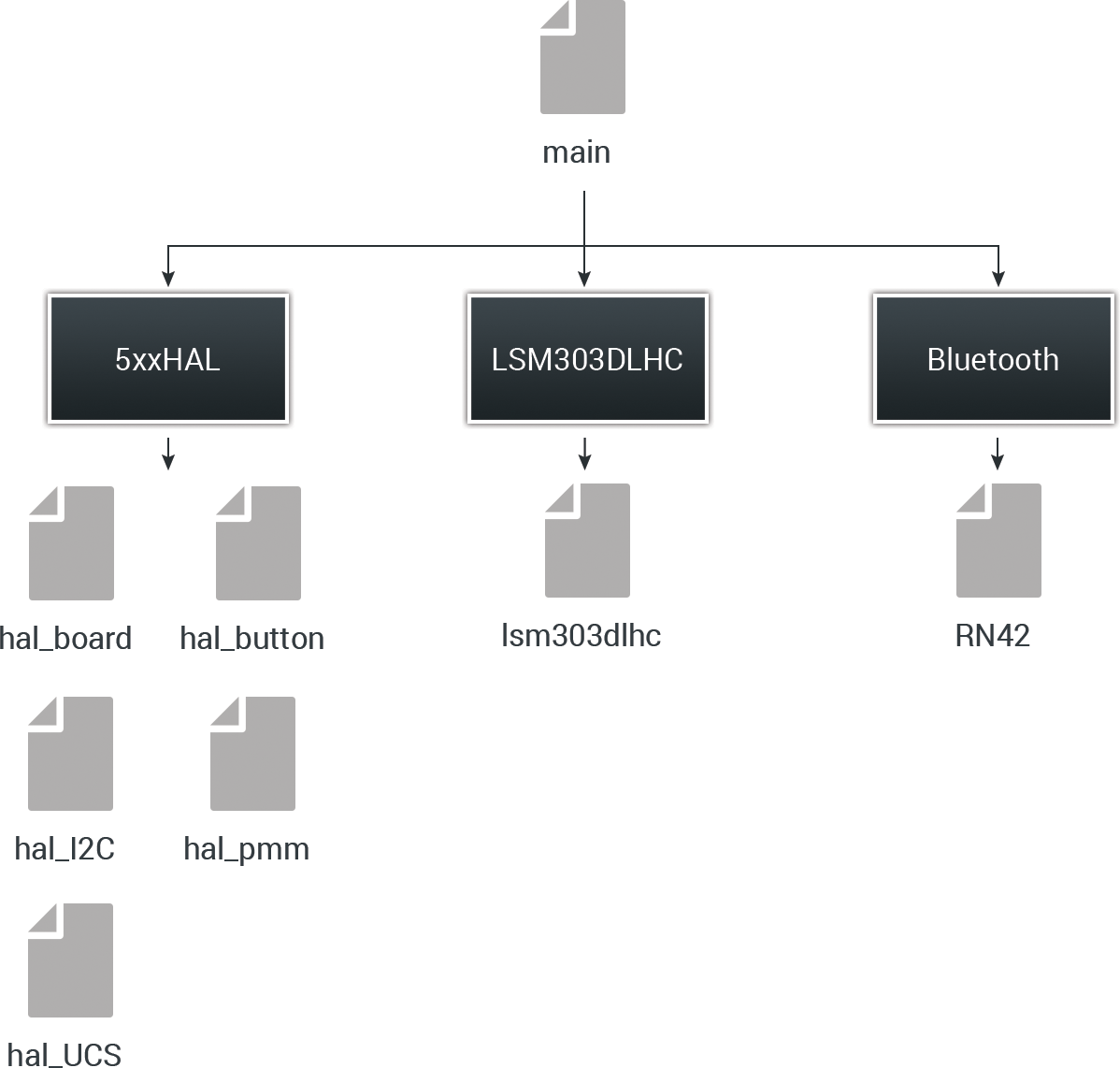


Figure 2.1 – Software architecture of fall detection firmware

**Main**The main file is responsible for initializing all external components and controlling timers. Due to limited data processing all of this has also been placed in the main file.

**Bluetooth**This is a driver for the RN42 Bluetooth module.

**LSM303DLHC**This is a driver for the digital LSM303DLHC wide range accelerometer.

**5xxHAL**A collection of various helper files. Hal\_board is used to setup the board and control LEDs. Hal\_button is a driver for the button. Hal\_pmm controls the power consumption (Power Management Module). Hal\_UCS is driver for the timers (Unified Clock System).

# Firmware design

An overview of the pedometer algorithm is illustrated in the activity diagram in Figure 3.1.

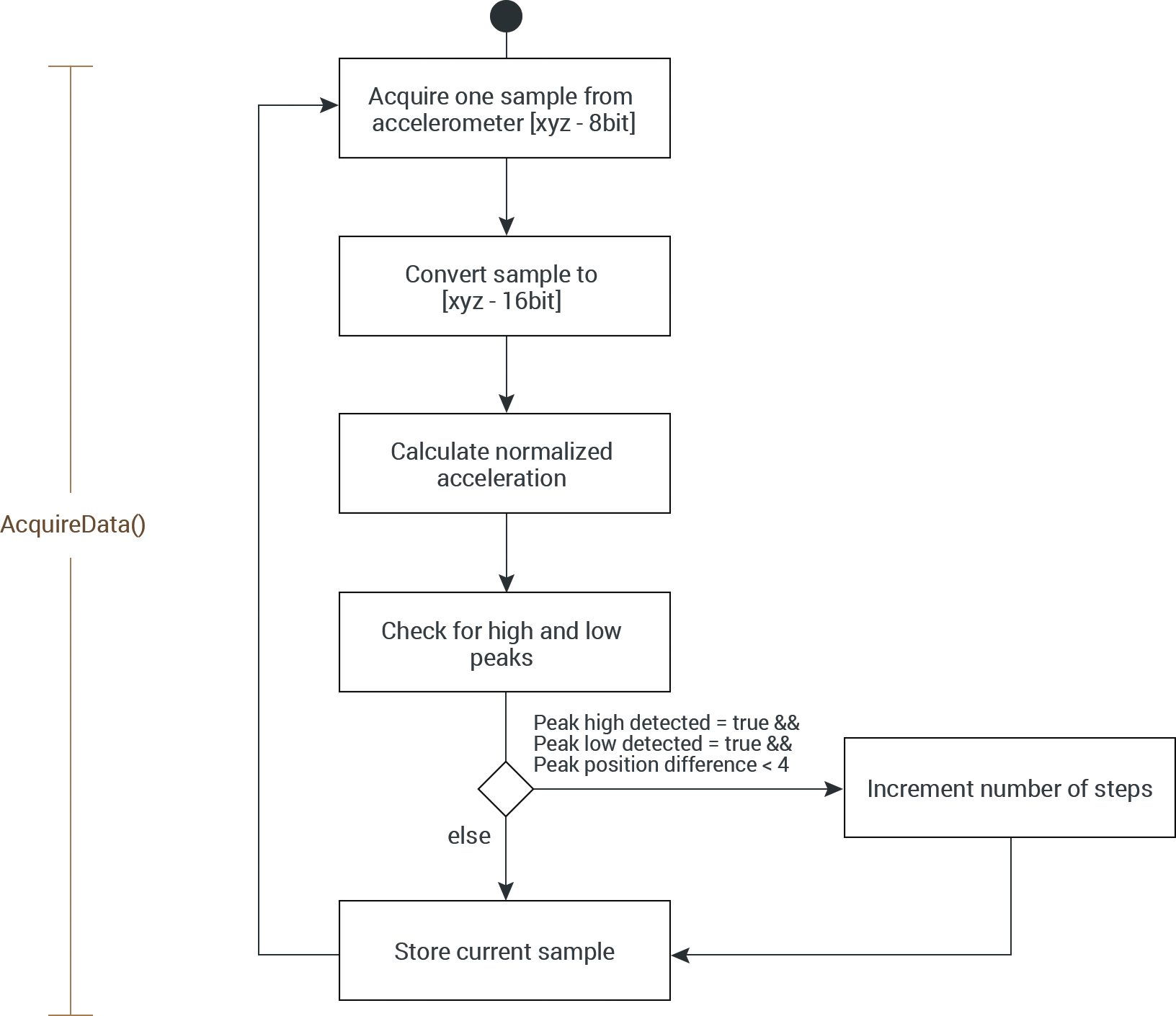


Figure 3.1 – Activity diagram of the Alert button firmware

The digital LSM303DLHC accelerometer provides six 8bit values as the acceleration of the x, y and z axis. The structure is as follows.

This needs to be turned into three 16bit values so that data processing can be applied later on. When this is done the normalized acceleration is calculated using the following formula

Samples from the accelerometer are acquired at a rate of 10Hz. By subtracting the previous normalized vector from the current normalized vector over a given amount of time a characteristic as the one shown in Figure 3.2 will be generated.

Three parameters are used to determine if a step has taken place; peak high detected, peak low detected and peak position difference. A high peak should be followed by a low peak and the time difference between these peaks should be lower than a predetermined threshold (4 samples). If this is fulfilled the number of steps is incremented.

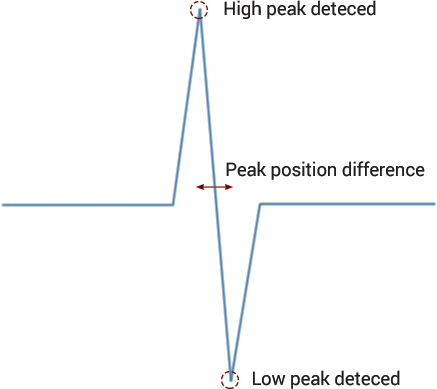


Figure 3.2 – Illustration of the characteristics of a typical step.

# Testing the firmware

To test the firmware, follow these steps.

1. If the Shimmer 3 is added as unit on your computer then follow the instructions in this link  
   <http://windows.microsoft.com/en-us/windows7/add-a-bluetooth-enabled-device-to-your-computer>
2. Load the bootstrap “Shimmer3\_Pedometer.txt onto the Shimmer. The file is located in the folder “Resources/Firmware/Shimmer3\_Pedometer”.  
   (How to load custom firmware onto the Shimmer is described in tutorial 1)
3. Launch the PC application “Shimmer3\_PCApp” located in the folder   
   “Resources/PC Application/Shimmer3\_PCApp”

Figure 4.1 - The program output at successful connection and button press